

Cooma Anglican Sunday 8 June 2025 HC 2.1

Hymn TIS 194 O love how deep, how broad, how high!

**1 O love how deep, how broad, how high!
it fills the heart with ecstasy
that God, the Son of God, should take
our mortal form for mortals' sake.**

**2 He sent no angel to our race
of higher or of lower place
but wore the robe of human frame
himself, and to this lost world came.**

**3 For us he was baptized, and bore
his holy fast, and hungered sore;
for us temptations sharp he knew;
for us the tempter overthrew.**

**4 For us he prayed, for us he taught,
for us his daily works he wrought,
by words and signs and actions, thus
still seeking not himself but us.**

**5 For us to wicked hands betrayed,
scourged, mocked, in purple robe arrayed,
he bore the shameful cross and death;
for us at length gave up his breath.**

**6 For us he rose from death again,
for us he went on high to reign,
for us he sent his Spirit here
to guide, to strengthen and to cheer.**

**7 To him whose boundless love has won
salvation for us through his Son,
to God the Father, glory be
both now and through eternity.**

The Grace

of the Lord Jesus Christ, and the Love of God, and the fellowship of the Holy Spirit, be with you.

And also with you.

'Hear, O Israel: the Lord our God, the Lord is one; you shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength.'

Jesus said: 'This is the great and first commandment. And a second is like it: You shall love your neighbour as yourself.'

Lord have mercy on us, and write your law in our hearts by your Holy Spirit.

Sentence of the Day

“Come, see a man who told me everything I ever did. Could this be the Messiah?” John 4:29

Prayer of Preparation

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name, through Christ our Lord. Amen.

Prayer of the Day

God of love, in your compassion you reach out to the lost and helpless. Continue this work through us, so that your reign of justice and peace may increase; through Jesus Christ, the Lord of the harvest. **Amen.**

Deuteronomy 8:1-5

¹ Be careful to follow every command I am giving you today, so that you may live and increase and may enter and possess the land the LORD promised on oath to your ancestors. ² Remember how the LORD your God led you all the way in the wilderness these forty years, to humble and test you in order to know what was in your heart, whether or not you would keep his commands. ³ He humbled you, causing you to hunger and then feeding you with manna, which neither you nor your ancestors had known, to teach you that man does not live on bread alone but on every word that comes from the mouth of the LORD. ⁴ Your clothes did not wear out and your feet did not swell during these forty years. ⁵ Know then in your heart that as a man disciplines his son, so the LORD your God disciplines you.

This is the word of the Lord. **Thanks be to God**

Psalms 13

¹ How long, LORD? Will you forget me forever? How long will you hide your face from me?
² **How long must I wrestle with my thoughts and day after day have sorrow in my heart? How long will my enemy triumph over me?**
³ Look on me and answer, LORD my God. Give light to my eyes, or I will sleep in death,
⁴ **and my enemy will say, “I have overcome him,” and my foes will rejoice when I fall.**
⁵ But I trust in your unfailing love; my heart rejoices in your salvation.
⁶ **I will sing the LORD’s praise, for he has been good to me.**

Romans 12:1-2

¹ Therefore, I urge you, brothers and sisters, in view of God’s mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. ² Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—his good, pleasing and perfect will.

This is the word of the Lord **Thanks be to God**

JOHN 4:27-42

²⁷ Just then his disciples returned and were surprised to find him talking with a woman. But no one asked, "What do you want?" or "Why are you talking with her?" ²⁸ Then, leaving her water jar, the woman went back to the town and said to the people, ²⁹ "Come, see a man who told me everything I ever did. Could this be the Messiah?" ³⁰ They came out of the town and made their way toward him. ³¹ Meanwhile his disciples urged him, "Rabbi, eat something." ³² But he said to them, "I have food to eat that you know nothing about." ³³ Then his disciples said to each other, "Could someone have brought him food?" ³⁴ "My food," said Jesus, "is to do the will of him who sent me and to finish his work. ³⁵ Don't you have a saying, 'It's still four months until harvest'? I tell you, open your eyes and look at the fields! They are ripe for harvest. ³⁶ Even now the one who reaps draws a wage and harvests a crop for eternal life, so that the sower and the reaper may be glad together. ³⁷ Thus the saying 'One sows and another reaps' is true. ³⁸ I sent you to reap what you have not worked for. Others have done the hard work, and you have reaped the benefits of their labor." ³⁹ Many of the Samaritans from that town believed in him because of the woman's testimony, "He told me everything I ever did." ⁴⁰ So when the Samaritans came to him, they urged him to stay with them, and he stayed two days. ⁴¹ And because of his words many more became believers. ⁴² They said to the woman, "We no longer believe just because of what you said; now we have heard for ourselves, and we know that this man really is the Savior of the world."

This is the gospel of the Lord. **Praise to you, Lord Jesus Christ**

Sermon - Is this the Christ?

The Apostles Creed

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate; was crucified, died and was buried; he descended to the dead. On the third day he rose from the dead, he ascended into heaven and is seated at the right hand of the Father; from there he will come to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins and the resurrection of the body, and the life everlasting. Amen.

The Prayers of the People

Let us pray for the world and the church

Response: Christ Jesus, intercede for us, and in your mercy. **Hear our prayer.**

Accept our prayers through Jesus Christ our Lord, who taught us to pray,

Our Father in heaven, hallowed be your name, your kingdom come, your will be done on earth as in heaven.

Give us today our daily bread. Forgive us our sins, as we forgive those who sin against us. Save us from the time of trial and deliver us from evil.

For the kingdom, the power, and the glory are yours now and for ever. Amen.

Scripture Sentence

Whenever you stand praying, forgive, if you have anything against any one, so that your Father who is in heaven may forgive your trespasses. Mark 11:25

Prayer of Approach

We do not presume to come to your table, merciful Lord, trusting in our own righteousness, but in your manifold and great mercies. We are not worthy so much as to gather up the crumbs under your table. But you are the same Lord whose nature is always to have mercy. Grant us, therefore, gracious Lord, so to eat the flesh of your dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

The Confession

The Spirit of truth comes to convict us of sin, of righteousness, and of judgement. Let us open our hearts and confess our sins in penitence and faith, confident in God's forgiveness.

Merciful God, our maker and our judge, we have sinned against you in thought, word, and deed, and in what we have failed to do: we have not loved you with our whole heart; we have not loved our neighbours as ourselves; we repent, and are sorry for all our sins. Father, forgive us. Strengthen us to love and obey you in newness of life; through Jesus Christ our Lord. Amen.

Almighty God, who has promised forgiveness to all who turn to him in faith: pardon you and set you free from all your sins, strengthen you in all goodness and keep you in eternal life, through Jesus Christ our Lord. **Amen.**

Greeting of Peace

We are the body of Christ. **His Spirit is with us.**
The peace of the Lord be always with you. **And also with you.**

Hymn - TIS 156 - Morning has Broken

**Morning has broken, like the first morning
Blackbird has spoken, like the first bird
Praise for the singing, praise for the morning
Praise for them springing, fresh from the world**

**Sweet the rains new fall, sunlit from Heaven
Like the first dewfall, on the first grass
Praise for the sweetness of the wet garden
Sprung in completeness where His feet pass**

**Mine is the sunlight, mine is the morning
Born of the one light, Eden saw play
Praise with elation, praise every morning
God's recreation of the new day**

Thanksgiving for Offering

Blessed are you, Lord, God of all creation. Through your goodness we have gifts to share. Accept and use our offerings for your glory and for the service of your kingdom.

Blessed be God for ever.

The Great Thanksgiving

The Lord be with you. **And also with you.**

Lift up your hearts. **We lift them to the Lord.**

Let us give thanks to the Lord our God. **It is right to give our thanks and praise.**

All glory and honour be yours always and everywhere, mighty Creator, everliving God.

We give you thanks and praise for your Son, our Saviour Jesus Christ, who by the power of your Spirit was born of Mary and lived as one of us. By his death on the cross, he offered the one true sacrifice for sin, and obtained an eternal deliverance for his people.

Therefore with angels and archangels, and with all the company of heaven, we proclaim your great and glorious name, for ever praising you and saying:

Holy, holy, holy Lord, God of power and might, Heaven and earth are full of your glory. Hosanna in the highest.

Merciful God, we thank you for these gifts of your creation, this bread and wine, and we pray that by your Word and Holy Spirit, we who eat and drink them may be partakers of Christ's body and blood.

On the night he was betrayed Jesus took bread; and when he had given you thanks he broke it, gave it to his disciples, saying, 'Take, eat. This is my body given for you. Do this in remembrance of me.'

After supper, he took the cup, and again giving you thanks he gave it to his disciples, saying, Drink from this, all of you. This is my blood of the new covenant shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.'

Christ has died. Christ is risen. Christ will come again.

Therefore we do as our Saviour has commanded: proclaiming his offering of himself made once for all upon the cross, his mighty resurrection and glorious ascension, and looking for his coming again, we celebrate, with this bread and this cup, his one perfect and sufficient sacrifice for the sins of the whole world. Renew us by your Holy Spirit, unite us in the body of your Son and bring us with all your people into the joy of your eternal kingdom; through Jesus Christ our Lord, with whom, and in whom, in the fellowship of the Holy Spirit, we worship you, Father, in songs of never-ending praise:

Blessing and honour and glory and power are yours for ever and ever. Amen.

The Holy Communion

As this broken bread was once many grains, which have been gathered together and made one bread: so may your Church be gathered from the ends of the earth into your kingdom.

The gifts of God for the people of God

Come let us take this holy sacrament of the body and blood of Christ in remembrance that he died for us, and feed on him in our hearts with thanksgiving.

After Communion

Gracious God, we thank you that in this sacrament you assure us of your goodness and love. Accept our sacrifice of praise and thanksgiving and help us to grow in love and obedience that we may serve you in the world and finally be brought to that table where all your saints feast with you for ever.

Father, we offer ourselves to you as a living sacrifice through Jesus Christ our Lord. Send us out in the power of your Spirit to live and work to your praise and glory. Amen

Notices

Hymn - TIS 158 - God has spoken by his prophets

**God has spoken by His prophets
Spoken His unchanging Word
Each from age to age proclaiming
God, the one the righteous Lord
In the world's despair and turmoil
One firm anchor holds us fast
God is King His throne eternal
God the first and God the last**

**God has spoken by Christ Jesus
Christ the everlasting Son
Brightness of the Father's glory
With the Father ever one
Spoken by the Word incarnate
God of God ere time was born
Light of light to earth descending
God revealed as Son of Man**

**God is speaking by His Spirit
Speaking to our hearts again
In the age-long word expounding
God's own message now as then
Through the rise and fall of nations
One sure faith yet standing fast
God abides His Word unchanging
God the first and God the last**

Blessing

The peace of God which passes all understanding keep your hearts and minds in the knowledge and love of God, and of his Son, Jesus Christ our Lord; and the blessing of God Almighty the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen**

Dismissal

Go in peace to love and serve the Lord:
In the name of Christ. Amen.

Sermon - John 4: 27-42- Is this the Christ

How excited is that woman?

It is so unlike most of our experiences

She has just been called out as an adulteress and totally unworthy

And she responds with praising Jesus to the people in her town

Something miraculous has happened here

In her mind she asks the question - Is this the Christ?

The way John uses this little phrase, He is making the reader,

You and me ask, Is this the Christ?

And you and I the reader Are supposed to answer that question with a resounding
Yes.

Because we have read about him from the beginning of the book

We have been told that he is The Word incarnate

We have been told that John the Baptist is not the Christ

And that Jesus is the Christ

So in this little phrase "Is this the Christ?"

You and I get asked, well, is he?

And as we engage with the text, as we follow the characters we see Two differing
responses:

The Samaritan woman - Who declares Jesus

And the disciples - who are confused

Confusion for the disciples is a dominant theme in the Gospels

I find this one of the endearing facets of the gospels

The gospels are written by the disciples Who are confused

They do not try to hide their confusion

In a sense they embrace it as they write about it

Because ultimately they know that Truth about Jesus is a revealed truth
Through the work of the Holy Spirit

The way they write, they wish to convey the tension of a slow revelation of the
person of Christ

People who meet him respond in ways that seem out of the ordinary

That's the idea behind Jesus parable about the harvest
Jesus work is His declaration of Himself
And the crop is people's response to him

This Samaritan woman is at the beginning of the harvest for the book of John

One of the first people to declare that Jesus is the Christ

The idea being that a picture is being built of Jesus the Christ
Who is on about his fathers business

At the moment his disciples seem to only be thinking about the immediate
They have just trudged into town to get some dinner
And Jesus says he already has food
They are confused
You can imagine them saying So why did we walk so far?

However, Jesus wants to show them a more important lesson than daily bread
To do the will of the father is of the utmost importance
It echoes Deut 8:3

3 He humbled you, causing you to hunger and then feeding you with manna, which
neither you nor your fathers had known, to teach you that man does not live on bread
alone but on every word that comes from the mouth of the LORD.

The lesson of discipleship for today is

Like the woman who asked for living water,
Jesus introduces us to the desire for true substance

Which is to do the will of the father
To listen to the father
And then respond rightly

True spiritual food is the Words of God
This is an important lesson for the disciple

Yes you may feed and clothe yourself
Yes you may be able to choose that which is fleeting Thai or Chinese

But like normal water
that doesn't quench your thirst eternally

So to we the disciple need to hunger for Spiritual food

The Words of God

Friends have you thought about your appetite
Have you thought about what you are feeding yourself

Have you thought about your discipleship
Have you thought through gaining your substance from Jesus

Make it your desire to feed on him
On his word
In church come regularly $\frac{3}{4}$
Or a home group, Join one

On your own private reading

Feast on God's good word, It will sustain you